



**SHARABLES**

- Hummus Plate** 12  
Vegetarian  
Marinated Olives, Feta, Carrots, Cucumber, Pita
- Lettuce Wraps** 18  
Gluten Free  
Marinated Chicken, Onion, Carrot, Mushroom, Green Onion, Sweet Soy, Iceberg Lettuce, Chopped Cashew
- Chicken Wings** 16  
Gluten Friendly  
Carrot, Celery, Blue Cheese  
BBQ | Medium | Hot | Honey Garlic  
Black Pepper & Parmesan
- Quesadilla** 15  
Chicken, Cheddar, Peppers, Onions, Sour Cream, Salsa
- Nachos** 18  
Vegetarian & Gluten Friendly  
Corn Tortillas, Tomato, Black Olives, Jalapeno, Cheddar, Green Onion, Sour Cream, Salsa  
Grilled Chicken or Ground Beef +6

**SALADS**

- Caesar** 8 Small | 12 Large  
Romaine, Bacon, Croutons, Shaved Parmesan, Caesar Dressing
- Mixed Greens** 8 Small | 12 Large  
Gluten & Dairy Free  
Tomatoes, Cucumbers, Carrots, Honey Dijon Vinaigrette
- Grilled Halloumi & Kale** 16  
Vegetarian & Gluten Free  
Pomegranates, Tomatoes, Roasted Sweet Potato, Toasted Pecans, White Balsamic Vinaigrette
- Aloha Greens** 15  
Dairy & Gluten Free  
Mixed Greens, Cucumbers, Edamame, Pineapple, Corn, Radish, Chipotle Aioli, Mango Vinaigrette, Nori
- Korean Beef Salad** 24  
Gluten Free  
Romaine, Soy Marinated Beef, Carrots, Pickled Daikon, Red Onions, Cucumbers, Sesame Dressing
- Power Bowl** 15  
Vegetarian  
Kale, Hummus, Chickpeas, Pickled Red Onion, Bulghur Wheat, Cucumbers, Tomatoes, Herb Garlic Yogurt

Add Ons | Chicken +8 | Steak +14  
Salmon +12 | Shrimp +9 | Tofu +4

**ENTRÉE**

- Steak Frites** 33  
Gluten Friendly  
AAA Striploin, Parmesan Truffle Fries, Red Wine Jus, Roasted Garlic Aioli  
Sautéed Onions | Mushrooms + 2.50
- Garlic Chili Noodles** 20  
Vegan  
Five Spiced Crispy Tofu, Green Onions, Spinach, Cabbage, King Oyster Mushrooms, Udon Noodles, Sesame Ginger Glaze
- Lamb T-Bone** 24  
Parsnip Puree, Honey Glazed Yams, Bulgur Wheat, Pomegranates, Red Wine Jus
- Tuna Nicoise** 24  
Dairy Free & Gluten Friendly  
Grilled Ahi Tuna, Black Olives, Green Beans, Boiled Egg, Roasted Potatoes, Sundried Tomato Aioli
- Jambalaya** 28  
Gluten Free  
Grilled Chicken, Italian Sausage, Shrimp, Green Peas, Bell Peppers, Spiced Tomato Rice
- Roasted Chicken** 22  
Gluten Free  
Lemon Pepper Chicken Thighs, Rice Pilaf, Grilled Asparagus, Tomato Salsa
- Parmesan Salmon** 24  
Panko Parmesan Crust, Cauliflower Risotto, Romesco, Arugula Salad
- Fish & Chips** 20  
Wild Haddock, Old Credit Beer Batter, Creamy Coleslaw, Fries, Lemon

**SANDWICHES**

- Philly Cheesesteak Wrap** 19  
Seasoned Beef, Bell Peppers, Onions, Swiss Cheese, Grilled Tortilla, Garlic Aioli
- Cauliflower Po' Boy** 18  
Vegan  
Battered Cauliflower, Chipotle Remoulade, Lettuce, Tomato, Toasted Baguette
- Prime Rib Burger** 19  
Dry Aged Patty, Lettuce, Tomato, Pickle, Toasted Brioche  
"The Works" | Bacon Jam & Smoked Gouda + 5
- Beyond Meat Burger** 18  
Vegan  
Plant-Based Patty, Toasted Brioche, Lettuce, Tomato, Pickle
- Sandwich & Soup Duo** 15  
Daily Soup, Lettuce, Tomato, Pickle, Choice of Toasted Bread  
Tuna Salad | Egg Salad | Chicken Salad
- Club Sandwich** 16  
Dairy-Free  
Grilled Chicken, Lettuce, Tomato, Bacon, Toasted Baguette, Herb Mayo

Gluten Free Bun + 2

**Side Dishes**

Mixed Green | Caesar  
French Fries | Sweet Potato Fries +1  
Onion Rings +1 | Daily Soup +2

**PIZZA**

- Margherita** 15  
Vegetarian  
Tomato Sauce, Basil Pesto, Fresh Mozzarella
- Hawaiian** 18  
Black Forest Ham, Pineapple, Bacon, Tomato Sauce, Mozzarella
- Hot & Honey Chicken** 18  
Crispy Chicken, Caramelized Onions, Mozzarella, Wildflower Honey, Sriracha

Gluten Free Crust + 3